Border Search & Rescue Unit
Border Reiver Trail Series

The Poacher Run 2022 - Pre-Race Information

Event Location Borders Events Centre, Kelso, Scottish Borders TD5 8LS
Event Schedule
Race registration opens at 1000
Race registration close 1115
Race starts 1130
Prize giving 1300

Contact details for organizers
Scott Thompson 07970634866
Email: borderreiverts@gmail.com

Parking
Parking will be sign posted off the A699.
DO NOT enter the Border Events Centre via the main entrance. Parking is located over the road from the main event field (Red Gate). The entrance to the event is directly across the road from the parking area.

Parking is at your own risk; the organizers will not be responsible for any damage to vehicles or vehicles contents.

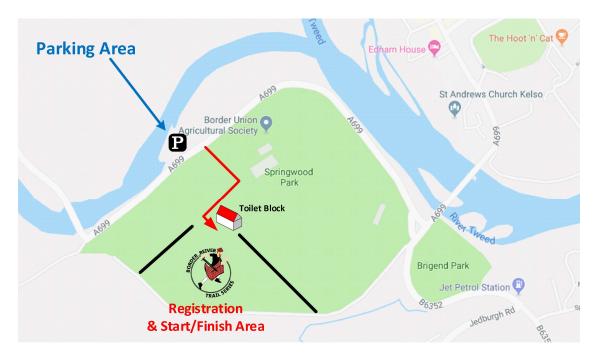*Border Search and Rescue Unit (BSARU) is a Scottish Charitable Incorporated Organization, No. SC023213*

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From the Parking Area all Runners and Spectators should cross the A699 into the main showground via the pedestrian gate opposite the parking entrance then follow the directional arrows across to the registration area via the tarmac road **(Runners and spectators MUST NOT enter the main Border Events Showground)**
Caution must be shown when crossing the roads!!

Registration
When arriving at registration please make yourself known to the registration volunteers. You will be asked to read the Pre-Race Safety Instructions before signing in and collecting your race number which must be fastened to the front of your clothing for safety and timing purposes.

10K Race
The 10k route is mostly an off road trail route along woodland, disused railway line, and riverside trails. The route also includes two short sections of public highway. The Roxburgh Village section being the first which is a relatively quiet country lane but please run with caution and please keep to the right of the highway. The second road section is at the Teviot Bridge crossing via the A699, which is fairly narrow so please keep tight to the right side and beware of oncoming traffic.
Both road sections will be sign posted warning oncoming traffic of runners and will also be covered by marshals. **(Please listen for and follow any instructions given by the marshals. These are for your safety!)**

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The 10k route has a cutoff of 1230 hrs (1Hr) at the 5k mark point.

<u>10K General Route Information</u>
The Poacher route is a well-marked trail course. The course will be marked using directional arrows and backup with red and white marker tape.
All road crossing and road sections will be signposted to warn vehicles of runners but please stay to the right and listen for any instructions given from the marshals.
Both courses include typical trail running conditions with trees, roots, rocks, low branches, mud etc and the odd nettle/bramble thrown in.

<u>First Aid</u>
First aid will be provided by Border Search & Rescue Unit who will be based in the registration area and have mobile units throughout the course. In the event of a runner becoming injured please use forward moving runners to relay the message to the first available marshal/MR team member.

<u>Withdrawals</u>
If you decide to retire from the race at any stage please ensure you inform the nearest MR team member or marshal of your intentions and state your number.

<u>Kit required:</u>
No mandatory kit requirement, although we ask you to dress appropriately for the weather conditions on the day.
The Poacher route is on varied trail running terrain. Expect to negotiate rocks, roots and mud so choose your footwear accordingly.

<u>General</u>
Dogs must be always kept on a lead within the Parking Area and Border Events Grounds. No dogs are allowed on the race.
You must pick up any dog waste after your dog and dispose of it in the bins provided.

Please dispose of any litter in the waste or recycling bins provided.
Toilets will be open to the runners and spectators at the registration area.
Please be considerate towards the general public including walkers, cyclists and horse riders.