## **BORDER SEARCH AND RESCUE UNIT** Mountain Rescue Experience Day

## SUNDAY 9<sup>TH</sup> SEPTEMBER 2018

at Watchwater Reservoir, nr Longformacus

Entry £15 Family £25 Youth Group Member £5 Raise over £30, £50 or £10 sponsorship, respectively, for free entry

## Featuring

Watchwater Search & Rescue Challenge A 10-kilometre walk with fun Mountain Rescue activities for everyone along the way. Are you and your friends, family or youth group up for taking on the challenge?

Activities will include: map reading, first aid, knot tying and using radios. They count towards a variety of Scout, Guide, Cub and Brownie badges and comply with Scout Association regulations.



Details and Entry at www.borderSAR.org.uk

Well-behaved dogs welcome



Help raise money for your local Scottish Mountain Rescue team



Scottish Charitable Incorporated Organisation, no. SC023213