



MOUNTAIN RESCUE



EXPERIENCE DAY

Help raise money for the

Border Search & Rescue Unit

in the beautiful Lammermuir Hills

Well-behaved
dogs welcome

Your team
building day?

Hands-on
Mountain Rescue
Activities

**Sunday 24th
September**

Entry £15
(Family £25)
Raise over £30 sponsorship
for free entry



Details and entry at

www.bordersar.org.uk

5-mile Family Walk * 15-mile Hike * 15-mile Run